



Collab Café Session Summary-2/7/2024

Organizations and what they do:

- [Healthier Moms and Babies](#) – We serve pregnant and parenting women and their families to improve birth outcomes and strengthen families.
- [Girl Coalition of Indiana](#)- Helping girls live their best life!
- [Girls Rock](#) - Nonprofit for girls 6-12th grade- Empower, Equip and Encourage girls to know they are worthy and powerful!
- [Sarah LeBlanc](#)- Menstrual Health Advocated and Associate Professor of Communication @PFW
- [Girls Scouts of Northern Indiana Michiana](#)- We serve girls K-12 in the outdoors, STEAM, Life skills, and entrepreneurship to build confidence and courage to change the world.
- [Fort Wayne Center for Learning](#) – We provide intensive educational instruction for students who struggle in school.
- [Bring it Push it Own it](#): To improve mental health by increasing resiliency, confidence and empathy to build strong healthy communities while connecting the brain and heart through movement, mentoring and team-building.
- [Courageous Healing Inc.](#)- Is a culturally centered mental health organization. All therapists are trauma-informed and hope to serve our community.
- [Young Lives Fort Wayne](#)- Support pregnant and parenting teens through a mentorship community and a life with Christ.

Upcoming things we should know!

- Young Girls Rocks – March 14th @Ivy Tech College Student Life (RSVP)
- Women's Fund – April 9th Take a Girls to Work Day.
- Apply for Innovation Grants- Girl Coalition
- Bring it, Push it, Own it -Teen girls Scholarship openings
- Community Actions Network-Infant and Maternal Health focus (HMB) Jackie Martinez
- 2024 Brain Game, Trivia with a twist and Fundraiser for FWCL
- Listening Session with Girl Coalition
- STEM camp, 3D printing, Youth Mental Health, First Aid Training

This is where help is needed:

- Looking to partner with organizations to bring programming to their girls (Girl Scouts, Bring It Push It Own It).
- Looking for programs to participate in listening sessions for Girl Coalition; also hiring a program facilitator
- Funding to put our Academic Independence Management programs into schools (FWCL).
- Volunteer mentor and volunteer recruitment, connecting girls to what is available in the community (everyone!)
- We help to get our name out there and be a resource (Courageous healing)
 - Idea: Therapists' office tours for girls so they feel more comfortable

Future Collab Café topics:

- What is advocacy, and how do we do it?
- Volunteer Recruitment, creating a community support system
- Some of the sub-topics: Fundraising, Networking and Mentors.